

# Let the Heart Listen

For people involved in listening to the heart and supporting others

The focus is on learning through the experience of Contemplative Listening and responding with heart to oneself, to others and to the Divine Presence within.

A 15 week x 3 hour program  
Thursdays, 1 March to 21 June 2018  
9.30am - 12.30pm  
Facilitator: Carole Carmody rsm

## **Seminar Work**

*Principles of listening and discernment*  
*Facilitated group participation*  
*Guided reflection*  
*Feedback from facilitators and peers*  
*Self and peer evaluation*



Application forms available from [holsc@bigpond.com](mailto:holsc@bigpond.com) or  
[www.heartoflife.melbourne](http://www.heartoflife.melbourne)

Bookings close 21 Feb 2018. Cost \$650



## **Heart of Life Spirituality Centre**

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